



## MDTCCES Approved Options

### POLICY STATEMENT

#### MDT Certification Continuing Education Standards

The objective of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy® MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the practitioner is committed to the maintenance and enhancement of knowledge and skills in MDT over time.

***This policy does not nullify a practitioner's attainment of Credentialing or Diploma; it will only determine the individual's active status for patient referrals provided through the Institute's directory of certified MDT practitioners.***

The requirements of MDT Certification Continuing Education Standards to continue full recognition in the Institute's Referral Directory is completion of only one of the following Continuing Education opportunities (CEU events) every three years (see page two for detail):

1. Online MDT Case Manager (12 contact hours) - one time only
2. MDT Clinical Skills Update (12 contact hours)
3. MI Americas or International MDT Conferences (contact hours vary, approx 12-14 hours)
4. Part E – MDT of Extremities (14 contact hours)
5. Audit (retake) any course: Part A, B, C, D, E
6. MII Diploma Program
7. Course Cosponsor (active involvement)
8. Published in IJMDT

Those who were certified (Cert. MDT – Dip. MDT) before January 1, 2006 and did not fulfill one of the options above between 1/1/2006 - 12/31/2008 were deactivated from the referral directory and will remain such until a CEU events is completed. The current period is 1/1/2009 – 12/31/2011.

Those who became Credentialed after 1/1/2006 and beyond begin their anniversary date effective the day the exam is passed and have three years from that date to fulfill one of the requirements.

Use of the identifying marks for MDT certification is only authorized *in its entirety*: Cert. MDT or Dip. MDT. Spelling out Credentialed or Diplomat is acceptable; **however, MDT may not be used without the appropriate level of designation.**

We continue to entrust all certified MDT practitioners with the responsibility to review their scope of practice, state practice act and other applicable state laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

*Last updated January 2009 / Released November 2005*

## MDTCCES Approved Options

### 1. MDT Clinical Skills Update –



This advanced 2-day course is designed as a more intensive clinical reasoning and problem solving experience utilizing a high volume of patient demonstrations and case study analysis involving all regions of the spine as well as the extremities. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Two instructors provide a significantly greater opportunity for one-on-one tutelage.

An effort will be made to schedule these workshops regionally on a quarterly basis, except during a MI Americas region conference year.

12 contact hours

<http://www.mckenziemdt.org/eduCourse.cfm>

### 2. MI Americas or International MDT Conferences –

2009

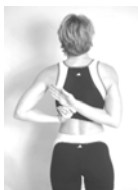
11<sup>th</sup> International Conference in MDT

Rio de Janeiro, Brazil

<http://www.mckenziemdt.org/conf2009.cfm>



### 3. Part E – MDT of the Extremities –



This intensive 2-day course draws upon the principles McKenzie has refined over decades to provide clinicians with this sensible approach for musculoskeletal conditions of the extremities. The same logical assessment process is used to determine mechanical causes of extremity pain or symptoms that can respond to an effective self-treatment regime. (Currently, this curriculum is not a part of, or a requirement, to take the Credentialing Examination but will be incorporated in the future.)

14 contact hours

### 4. Advanced Online Course –



The McKenzie MDT Case Manager is a dynamic web-based experience that incorporates real-life patient case studies provided by senior faculty of The McKenzie Institute. Eight cases – four lumbar and four cervical patients – represent advanced clinical practice scenarios to help you focus on the power of utilizing the information gathered on the McKenzie Institute Assessment forms.

The process is designed to aid you in both diagnosis and treatment and ultimately improve your overall competence through maintaining the mental acuity of the clinical reasoning process that is an integral component of the McKenzie Method.

12 contact hours (CEUs vary depending on state policy for online learning).

<http://www.mckenziemdt.org/eduCourseOnline.cfm>

### 5. MII Diploma Program

6. Audit (retake) any course: Part A, B, C, D, E – If you took the courses before 1995, and most definitely before the 2003 release of the new lumbar spine text and revised cervical text released in 2006, the curriculum has refined and expanded and you may find this an appealing option to refresh concepts and learn the new terminology.

7. Course Cosponsor – Active participation or assistance in one or more courses hosted by your company (**subject to written verification from the instructor**). Active participation is defined as full attendance and assisting the instructor when appropriate.

8. Published in IJMDT – Submissions accepted for publication in the International Journal of Mechanical Diagnosis and Therapy (IJMDT). [Submission does not guarantee acceptance to be published. Date of publication must fall within individual's 3-year eligibility period.]