



MDT Fellowship Program OMPT Mentorship Component Application

APPLICATION COVER

Having completed the MII Diploma Program, you are eligible to apply for the final leg of the Fellowship training – the OMPT Mentorship. This portion of the curriculum is designed to provide physical therapists with continued advanced training in examination, clinical decision-making and manual treatment skills in a concentrated clinical environment. The small group classroom and lab training sessions allow the clinical faculty to focus their instruction toward the individual needs of each fellow applicant.

Name Mr. <input type="checkbox"/> Ms. <input type="checkbox"/> Mrs. <input type="checkbox"/>			
Home Address			
		City:	State:
Phone: (Home)		Cell #:	ZIP:
(Work)		Fax #:	
EMAIL (Must provide)			
Prof. License(s)# and State(s)			
Employer			
Work Address			
		City:	State:
		State:	ZIP:
OMPT Mentorship Tuition: \$3500.00			
<input type="checkbox"/> Check payable to: The McKenzie Institute <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover *(Please check one) <input type="checkbox"/> Personal Card – or – <input type="checkbox"/> Company Card *If c/c billing address different than Home or Work above, please provide here: _____ Cardholder Name: _____ Card #: _____ Exp. Date: _____ Signature of Cardholder: _____			
<i>Note: Payment will not be processed until the applicant has been accepted into the program.</i>			

You will be required to attend the Thrust Manipulation Course. The fee of \$615 and a separate registration form must be completed. The form can be found on our website.

Additional expenses that you may or may not be responsible for include:

1. Professional Liability Insurance
2. Licensure in other states where clinical mentorship may occur
3. Travel and accommodation
4. AAOMPT Fellowship Application fee

Submit your application to:

The McKenzie Institute
 Attn. Stacey A. Lyon, Executive Director
 432 N Franklin Street, Suite 40
 Syracuse, NY 13204-1491

For Office Use Only	
Course #: _____	Amt. Paid: _____
Student #: _____	Confirm#: _____
Date Paid: _____	Ck#: _____



MDT Fellowship Program
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Application

Please include these additional items with page 1 to complete your application package:

1. A copy of your active license in Physical Therapy
2. Proof of professional liability insurance
3. Curriculum vitae (Be sure to indicate continuing education experiences, particularly in manual physical therapy.)
4. Two letters of recommendation with at least one attesting to the applicant's clinical competence.
5. Description of clinical experiences as a licensed PT (*up to five years depending on experience*).
Note: Clinical experience descriptions should include the following information for each organization in which you have performed direct patient care:
 - a) Name, address, and phone number of the facility;
 - b) Name of your clinical supervisor (if any), or supervisor;
 - c) Type of facility;
 - d) Job description;
 - e) Date employed (or dates of internship);
 - f) Description of patient load;
 - g) Description of any clinical supervision or mentoring;
 - h) Time period (in hours) involved in direct patient care *for the past two years*:
Total hours = (number of hours per week) x (number of weeks per year) x (number of full time years).
5. Description of Applicant's Goals.
Please describe on a separate sheet what you wish to gain through participation in the OMPT Mentorship, your area of expertise, and your future plans in the area of Mechanical Diagnosis and Therapy and patient care.
6. **Since you did not participate in the Otago theoretical component, you will need to document that you have met the learning objectives as indicated on Pages 3-5 in the Summary of Learning Outcome measures.**

Applications will be reviewed by a selection committee consisting of the Fellowship Program Director, Student Advisor, MII Director of Education and MIUSA Educational Facilitator. The applications will be evaluated based on the following criteria:

- a) Academic education.
- b) Continuing education in manual therapy
- c) Clinical education and mentoring experiences.
- d) Clinical experience in Mechanical Diagnosis and Therapy and Orthopaedic Manual Physical Therapy.
- e) Research experience.

The application deadline is October 1 of each year. Notification of applicants who gain admission to the Program will be made by December 1 of each year.

Once the paper application has been accepted you will be contacted to arrange an interview with the Fellowship Program Director: Ron Schenk PT, PhD, OCS, FAAOMPT, Cert. MDT



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Summary of Key Learning Outcome Measures of the Theoretical Component for the MII Diploma Program

Please document how you feel you have achieved these learning objectives either individually or in combination. Methods of demonstrating competence listed are suggestions; you may indicate other ways you feel you have mastered the material.

Module 1 – Information searching and retrieval

Learning outcomes

The candidate will be able to:

- Competently and systematically search key databases
- Demonstrate understanding of the relative importance of different scientific journals
- Independently resource a range of scientific material

Demonstrating Competence:

- Attended course on this subject (library, university, clinical facility, medical library tutorial)
- Demonstrate competence by literature review, publication of research paper.
- Completed DPT or PhD program where skill set was required.

Module 2 – Comparison of Classification Systems

Learning Outcomes:

The candidate will be able to:

- Explain the significance of sub-classification of patients with non specific spinal pain.
- Describe the attributes of a useful classification system.
- Identify the differences and similarities between the McKenzie classification system and other classification systems.

Demonstrating Competence:

- Attended a course on this subject at conference, university
- Develop 12 article bibliography on this topic and briefly summarize each article or and write 500 word paper comparing and contrasting two classification systems

Module 3 – Effect of Mechanical Therapy on Soft Tissue

Learning Outcomes

The candidate will be able to demonstrate knowledge of current scientific knowledge related to:

- Stages of soft tissue healing and remodelling
- The ability of major connective tissue elements to resist mechanical force in healthy, aged and degenerative stages
- The functional roles of annulus fibrosus and nucleus pulposus in the healthy, aged and degenerative intervertebral disc.
- The anatomical and biomechanical differences of the IV disc within each of the different regions of the spine.

Demonstrating Competence

- Attended a course or seminar on this topic within the last 5 years.
- Taught a course on this topic within last 5 years.



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Module 4 – Critical Appraisal of the Literature

Learning Outcomes:

The candidate will be able to:

- Discuss basic research methodology
- Be able to apply critical appraisal skills to different types of studies including randomised controlled trials, reliability studies and prognostic studies relevant to Mechanical Diagnosis and Therapy and other topics.

Demonstrating Competence

- Attended or taught a course on critical appraisal of the literature. This could have been part of a DPT or PhD program
- Read 3 assigned articles and complete analysis sheet
- Demonstrate understanding (written or oral) of issues that affect internal and external validity. This may have been in a basic statistics course, via paper, or in interview with Director.

Module 5 – Patient Self-Management

Learning Outcomes:

The candidate will be able to:

- Analyze, discuss and evaluate different current educational strategies and communication skills used in the patient education component of management within Mechanical Diagnosis and Therapy.

Demonstrating Competence

- Attended a course or seminar on patient education or patient compliance issues.
- Attended a course on adult education principles.
- Hold a degree in education.
- Complete assigned readings and write paper or prepare power point.
- Submit piece of patient education material you developed.

Module 6 – Differential Diagnosis

Learning Outcomes:

The candidate will be able to:

- Demonstrate an evidence based understanding of the differential diagnosis of the MDT syndromes and other spinal pathology.
- Demonstrate the ability to use the history and examination process along with clinical reasoning to identify absolute and relative contraindications to MDT.

Demonstrating Competence

- Attended a course on differential diagnosis held by University or endorsed by APTA
- Hold OCS credential and received or retested within last 5 years.
- Document what was covered on this topic during your diploma clinical training

Module 7 – Preparing a Case Study

Learning Outcomes:

The candidate will be able to:

- Understand the structure and format of Case Study including use of outcome measures, use of accurate and well documented assessment tools, documentation of follow up sessions and management strategies, clinical reasoning and clinical implications.

Demonstrating Competence

- Submitted or published case study in journal
- Prepared case study during PT training DPT, MS
- Attended course on how to develop a case study